

8 WEEK COURSES

CLASS DESCRIPTION/DRESS CODE



DANCE WITH ME FOR AGES 18-36 MONTHS

8 WEEK COURSE: 45 MINUTE CLASS

Dance with Me! This class has been specially designed 18-36-month olds who are not yet comfortable being in a class alone, each child is joined in the class by a parent or caregiver who will be the child's "dancing partner". Through movement exercises, games, stories and other activities, the very young are introduced to the joy of creative movement in a fun, musical setting.

Each Session adults and children will enjoy a different theme with fun music and activities.

Session 1: Fun, Fun, Fun

Session 2: Animals Galore

Session 3: Go, Go, Go

Session 4: The Body Electric

Session 5: Summer Fun

WHAT TO WEAR

Both adult and young students are free to wear comfortable clothing and socks or leather ballet slippers. Parents wanting to buy traditional dance wear, it is recommended students wear a lavender leotard with ballet skirt, pink footed tights and pink leather ballet slippers with no drawstring. Hair should be pulled back neatly in a bun or ponytail. It is recommended gentlemen wear a white t-shirt and black bottoms (pants or shorts), black leather ballet slippers.

ALL BY MYSELF AGES 24-36 MONTHS

8 WEEK COURSE: 30 MINUTE CLASS

This class has been specifically designed 24-36-month olds who are not yet potty trained but want to try class alone, like the big kids! This class is 30 minutes long and offered as an 8-week course. Through movement exercises, games, stories, and other activities, the very young are introduced to the joy of creative movement in a fun, musical setting.

Each Session children will enjoy a different theme with fun music and activities.

Session 1: Fun, Fun, Fun

Session 2: Animals Galore

Session 3: Go, Go, Go

Session 4: The Body Electric

Session 5: Summer Fun

WHAT TO WEAR

Students are free to wear comfortable clothing and socks or leather ballet slippers.

Parents wanting to buy traditional dance wear, it is recommended students wear a lavender leotard with ballet skirt, pink footed tights and pink leather ballet slippers with no drawstring. Hair should be pulled back neatly in a bun or ponytail. It is recommended gentlemen wear a white t-shirt and black bottoms (pants or shorts), black leather ballet slippers.

TUTU DANCE TRIO BALLET, TAP & TUMBLE AGES 3-5

8 WEEK COURSE: 60 MINUTES

In this fun and fast paced class, children will be introduced to tap, ballet and tumble. Dancers will start class with tap with a focus on rhythm and coordination. They will then explore elements of creative movement with basic ballet concepts such as 1st and 2nd positions, plie and releve being introduced. Class will end with tumble working on conditioning and strength for skills such as forward rolls and cart wheels.

Dancers will be encouraged to expand their movement vocabulary through movement games and creative exploration of time, weight and space. Fun, creative elements such as stories, games and other imaginative activities will keep the pace of the class lively and engaging.

WHAT TO WEAR

It is recommended students wear pink leotard with ballet skirt, pink footed tights and pink leather ballet slippers with no drawstring and black tap shoes with Velcro or elastic closure. Hair should be pulled back neatly in a bun or ponytail. It is recommended gentlemen wear a white t- shirt and black bottoms (pants or shorts), black leather ballet slippers and/or black tap shoes.

STARLET DANCE TRIO BALLET, TAP & JAZZ AGES 5-7

8 WEEK COURSE: 60 MINUTES

Students will explore three genres of dance: ballet, tap and jazz in a fun one hour class! Ballet positions, as well as basic ballet vocabulary are taught along with floor exercises, simple steps and correct posture. A greater emphasis on musicality and rhythm is encouraged. Tap will build upon basic steps and rhythms. Jazz will be introduced using upbeat "kid friendly" music. Basics such as isolations, jazz squares, pivots will be taught.

WHAT TO WEAR

It is recommended students wear blue leotard (blue is not mandatory), pink tights, pink ballet slippers and black velcro tap shoes. Hair should be pulled back neatly in a ponytail or bun.

STARLET HIP-HOP AGES 5-7

8 WEEK COURSE: 45 MINUTES

This class serves as an introduction to hip hop dance for the younger student. Using games and music, the class focuses on rhythm, musicality and basic footwork. It is a great way to get kids moving!

WHAT TO WEAR

Students may wear street clothes or comfortable clothing such as shorts, yoga pants, t-shirt or tank top. Hair should be pulled back neatly. It is recommended students wear sneakers for this course. No black-soled sneakers please.